

# THRIVE - MARKET -

## Favorites

### Kitchen essentials

- Patience Organic Dried Whole Cranberries
- TM Raw cashews
- Wild Planet Canned Salmon
- TM Organic Virgin Coconut Oil
- TM Canned Coconut Milk
- TM Organic Coconut Sugar
- TM Organic Coconut Flour
- King Arthur Gluten Free Flour
- TM Organic Ghee
- Fourth & Heart Grass Fed Vanilla Bean Ghee
- Nut pods (all flavors are good)
- Safe catch Tuna
- Coconut Secret Coconut Aminos
- Primal Kitchen Avocado Oil
- Chosen Foods Avocado Oil Spray

### Condiments

- Primal Kitchen or Tessemae's ketchup
- Primal Kitchen Mayo
- Primal Kitchen Steak Sauce
- Annie's Organic Worcestershire Sauce

### Snacks

- Simple mills crackers
- Simple Mills Chocolate Muffin & Cupcake Mix
- Simple Mills Pancake Mix
- Siete chips
- TM Dry roasted cashews
- TM Organic Sprouted Popcorn
- Forager Cheezy Organic Vegetable Chips
- Paleonola Chocolate Fix Grain Free Granola
- TM Organic Sriracha Cashews
- TM Organic Roasted & Salted Pistachios
- TM Pizza Crust
- Pipcorn cheese balls
- Mama Chia squeeze packs
- Chomps
- TM plantain chips
- Marys gone crackers
- TM coconut flake cereal